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**Haddenham
 Cycle Training**

PLEASE ANSWER AS A FAMILY ON ONE SHEET ONLY. THANK YOU

It would be really helpful for us to understand more about your cycling experience, confidence and ability so we can tailor the training to suit you as far as possible. Please help us by answering the following:

Please choose the option that is nearest to your family cycling situation.

How often do you cycle as a family?

Never [] Once or twice a year [] Only on holidays [] Regularly []

How often do the adults cycle (on your own, not with children)

Never [] Once or twice a year [] Only on holidays [] Regularly []

Would you say you ADULTS are confident cyclists?

No, not at all [] Mostly [] Yes, very confident []

Would you say your CHILD/CHILDREN are confident cyclists?

No, not at all [] Mostly [] Yes, very confident []

Do your children cycle to school?

No [] With an adult [] On their own []

What do you hope to get out of the training today?

Please tick all that apply

How to do basic bike checks/basic maintenance []

To get some advice about cycling as a family group []

To understand what Bikeability teaches children so parents can reinforce at home []

To give adults more confidence when cycling []

To give children more confidence when cycling []

Just to have a bit of fun []

Do you have any other aims not mentioned above? Please give details below or overleaf: